

UNV - HK Universities Volunteer Programme
Tsang Hung, Cara
UNDP, Regional Hub
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I have served as a UN University Volunteer at the Youth Unit under the Governance and Peacebuilding Team, UNDP Bangkok Regional Hub. My main responsibilities and duty were supporting our team works in empowering youth in peacebuilding and civic engagement and assisting with research on issues related youth empowerment, development, and innovation in Asia-Pacific region. I have mainly worked on Asia-Pacific regional youth project 'Youth Co:Lab' and regional youth related activities research.



(Meeting with Mr. Olivier Adam, Executive Coordinator of UN Volunteers and UNVs in Thailand)

The first activity that I have participated in UNDP is Asia Pacific Youth Exchange (APYE). It is a regional youth programme, which responds to the global need of actively engaging youth in localized Sustainable Development Goals (SDGs) initiatives. By working with multiple stakeholders in local communities and in decision-making processes, selected youth delegates are given a unique opportunity to learn and hone the skills necessary to participate in SDGs-related activities. Doing APYE, I met a lot of young people who came from around the world and shared the same spirit. The changes that have made in the local community had inspired me so much.



(Participants in APYE)



(Interview with local Thai students)

In the Asia-Pacific regional youth project 'Youth Co:Lab', my main role was supporting "Leaving No One Behind National Youth Forum". I believe I contributed to raising awareness among young people and advocating for youth-led entrepreneurship in Asia and the Pacific. I was leading the design of the National Youth Forums follow-up packages for 14 country offices which engaged in the National

Forums. This follow-up was a guideline document that fostering the growth of the young entrepreneurs.



(8th USLS in UN Regional Hub)



(Exhibition in USLS)

Also, I was providing support with mapping, editing and preparing of reports, including four joint UNDP and UNV sub-regional base-line mapping reports on issues related to engaging and empowering youth in governance and volunteering, in jobs and livelihoods, and in strengthening their communities and societies. I have created two mapping report on youth related activities in empowerment and governance from 23 UNDP country offices which increase the internal capacity of UNDP.



(Innovation lecture in Thammasat University)

Along with the two main responsibilities that I explained above, I also supported overall tasks such as monitoring Country Office's request on youth, provide feedback, compile documents for sharing exemplary project documents within the region, and assess and develop the partnership for our team's projects and events.



(Meeting with UNDP Goodwill ambassador Nikolaj Coster-Waldau)

All my responsibilities and duties were well taken care of by my supervisors which includes receiving feedbacks on my work plans and expected outputs. My supervisor and teammates were very flexible and empowering in terms of capacity building and learning opportunities. Many tasks were given

based on my interests and background, which allowed me to actively engage the task with deeper interest.



(Setting up the venues for USLS)

Thanks to everyone that I have met in Thailand. Working in UNDP as a young professional is an unforgettable experience in my life. I have achieved things that I have never imagined before. We don't even know how strong we are until we are forced to bring that hidden strength forward. Love the kind and helpful people here. I am glad that I came. Never regret this decision!



(My beloved teammates in UNDP youth team)